

SUPER BRACES

Patient and Parent Responsibilities

We, the Super Braces team, are willing to work with you to achieve our ultimate goal: you present a beautiful smile! We have no doubt that you will do your best in this journey. We ask for your help, to help you in this noble task!

We expect from you:

- Regular Orthodontic Appointments

All orthodontic patients need to have regular orthodontic in-person visits and virtual dental monitoring. The orthodontist will inform you (and your child) of the appropriate time interval between appointments. If you neglect to maintain these appointments, treatment will be longer and treatment success can be compromised. It is the patient and parents' responsibility to make sure the next appointment (in-person or virtual) is scheduled and will be attended.

- Proper Oral Hygiene Must Be Maintained

Dental plaque (microorganisms' biofilm) is the white-ish sticky material that can form on teeth, brackets, wires, etc. over the entire mouth and cause dental decay (cavities) and periodontal (gum) diseases. Orthodontic appliances trap plaque on the teeth easily. It is extremely important that the patient brushes at least twice a day for 2 minutes each and flosses at least once per day. If proper oral hygiene is not maintained, the orthodontist may terminate orthodontic treatment earlier to prevent irreversible damage like decay and bone loss.

- Regular Visits with a General Dentist

Everybody should visit a general dentist at least every six months. This is especially critical when a patient is undergoing orthodontic treatment.

The patient should have dental cleaning, hygiene orientation and exam before orthodontic treatment begins. Starting with excellent oral hygiene, with braces, the situation may go to good hygiene. Starting with satisfactory hygiene, the situation will certainly go to unsatisfactory hygiene.

We will do our best to ensure successful orthodontic treatment, but we do not perform general dentistry. The patient will need to see a general dentist for dental cleanings and exams for decay (cavities) and periodontal (gum) diseases.

- Loose/Broken Bands/Braces

Orthodontic bands/braces and other orthodontic accessories are bonded to the teeth with great care and the best bonding process available. However, they may break or detach from the teeth. The orthodontist will replace them and there is no extra fee for that. However, it may delay treatment. When a brace on an anterior tooth is detached, you shall schedule an “urgent” extra appointment. When a brace on a posterior tooth is detached, if there is no clear discomfort, it will be replaced in the next regular visit. Posterior teeth are bigger and do not present immediate shift as the anterior ones do.

- Failed Appointments

A failed appointment is arriving 10+ minutes later the scheduled time, not arriving or cancelling/rescheduling with less than 24 hours’ notice. Missing an appointment can result in delayed treatment. Missing two or more appointments consecutively will result in being reported to your insurance company for non-compliance. Three failed appointments consecutively will result in termination of treatment from our office.

- Retainer Wear is Mandatory After Fixed Orthodontics or Aligners

As a matter of fact, teeth shift anteriorly with aging. This occurs regardless of whether or not the person had orthodontic treatment. We have retainers to preserve the achieved orthodontic results after braces are removed. These retainers must be worn as directed by the orthodontist according to each particular case (according to the risk of relapse that each patient presents). If the patient wants to keep the teeth straight, he/she must wear the retainers at least night time. Usually they must be worn full-time (22 hours/day-night; skipping meals and brushing) for 3 months. After three months of “braces-off”, nighttime only (8 hours/night). Only one set of retainers (upper and lower) is included in the treatment fee. Extra-retainers will be charged according to the current Super Braces policies. An important point to highlight is the retainer’s protection. They must be saved in an appropriate box given by the office. They shall never be

wrapped around with napkins or left out of box if there is a pet (mainly a dog) at home. Dogs smell it as an “attractive chewable toy”.

● You Need to Notify Us if You Lose Your Insurance Benefit

If your insurance coverage is terminated at any point during treatment, for any reason, the patient/parent is immediately responsible for the remaining balance of the treatment fee (remaining fee will be calculated by taking our standard fee and deducting the payments already collected from insurance). Super Braces will offer payment plan options. Front desk staff are available to help you on that. In the event coverage is terminated and any payment plan is reached, the patient will be dismissed from treatment; the removal of the orthodontic appliance will be scheduled. It is detrimental to the health of the teeth and gums to remain in inactive treatment. We will send a letter to the address on file to formalize the patient’s dismissal.

● Plan of Payment Is Not Treatment Plan!

The patient or the insurance company has agreed to pay Super Braces according to a schedule, usually monthly. The treatment plan followed by our office is independent of this plan of payment. There are some months during the treatment that the patient has no appointment, but the monthly financial obligations contracted remain. Consider the treatment fee a total amount divided in a certain number of installments, independently of the in-person or virtual visits schedule.

By signing below, you are stating that you have read and agree to the above terms (patient must be 18 years of age or older).

Date_____	Patient/Guarantor Name	Patient/Guarantor Signature
Phone_____	_____	_____
Address_____		
Guarantor Relationship to Patient_____		